

## **INFORMATION REGARDING DILATING YOUR EYES**

Dilation is an important part of a complete eye exam. Dilation will make your pupils <u>(the black part in the center of your eye)</u> large so that <u>Dr. Alexander</u> <u>Izad</u>, can get a better look at the back of the eye. Dilation is very useful in the detection of any serious eye diseases or physical changes that may threaten your vision.

The dilation will make reading things up close difficult, and make lights seem brighter than usual. These symptoms will usually only last for 3-5 hour; however, it can last longer in some people. Most people will be able to drive once their eyes are dilated, as long as they have sunglasses (which we can provide if you didn't bring any). However, if you feel uncomfortable driving, or have never driven with your eyes dilated, it may be best to have a driver. Please note: if your eyes are not dilated on the day of the visit we will be unable to do a retinal exam and your visit will be rescheduled.

Patient Signature: